

Cucurbita pepo

Pollen comes in many colors

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http://en.wikipedia.org/wiki/Pollen_source You can view a chart of plants and the colors of their pollen here. Pollen color varies and can include light-dark yellow, light-dark brown, light-dark olive, gray, red-brown, etc.

Here are a few (trees/shrubs) followed by the color of their pollen:

Maple *Acer* spp. light yellow
Manitoba Maple (Box elder) *Acer negundo* light olive good
Norway maple *Acer platanoides* olive
Red Maple *Acer rubrum* grey brown
Grey Alder *Alnus incana* brownish yellow
American Hazel *Corylus americana* light green
Hawthorn *Crataegus* spp. yellow brown
American Sycamore *Platanus occidentalis* light olive
Almond *Prunus amygdalus* light brown to brown pollen
Peach *Prunus persica* redish yellow
Pear *Pyrus communis* red yellow
Elm *Ulmus* spp. light grey
American Elm *Ulmus americana* light grey

http://www.isao.bo.cnr.it/aerobio/aia/e_AIACALEND.html#



Who can count pollen and mold?

Tags: [count](#), [pollen](#), [mold](#)

Only certified counters can read pollen and mold. Each counter must pass a year long certification course provided through the Harvard School of Public Health and must be accredited by the American Academy of Allergy, Asthma and Immunology (AAAAI). The Environmental Health Laboratories has certified counters on staff. Meteorologists, allergy specialists, physicians, and individuals have relied on the Saint Louis County Department of Health for this data since 1960.

http://www.aaaai.org/NAB/index.cfm?p=become_a_counter

National Allergy Bureau Pollen and Mold Certification Process

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Certification is a multi-step process and NAB Counters are certified separately as a pollen counter or as a mold counter to use a Burkard Spore Trap or the equivalent. Certification is offered to counting stations that agree to provide data on a timely bases to the NAB web site. Following the required training course(s), the candidate for certification will be required to take a web based qualifying exam The exam will cover

the basics of pollen and fungal spore aerobiology, fundamentals of microscopy, sampler operation, and conversion of counts into concentration as outlined on the "Knowledge Base for Counters" developed by the NAB. Reference materials for the exam are also provided [click here. http://www.aaaai.org/NAB/knowledge_base_counters.doc](http://www.aaaai.org/NAB/knowledge_base_counters.doc)

(The exact material for the exam will be determined by the NAB Certification Committee). Following successful completion of the qualifying exam, the candidate will be permitted to take the practical exams using slides. The present system for slides to be sent to the candidates one at a time is described below. In the future, however, the exams may be administered at AAAAI and/or ACAAI annual meetings.

Pollen Counter

To be certified for pollen, a counter will need to successfully count and identify grass, weed and tree pollen grains on one pollen slide, which would represent spring, summer, and fall pollen types in most of the continental U.S. Once the slide is graded passing, the counter will be considered a certified NAB pollen counter and eligible to count and present data for the NAB aeroallergen network.

<http://biology.nebrwesleyan.edu/pollen/>

The pollen counts are read five days a week by Dr. Dale Benham, Professor of [Biology](#) at [Nebraska Wesleyan University](#) during the pollen season, which is February through mid-October. The pollen sampler (provided by [Allergy, Asthma & Immunology Associates, PC](#)) is located on top of Olin Hall of Science, Nebraska Wesleyan University. Please direct any questions concerning the counts to [Dr. Dale Benham](#). Funding for this project is provided by Allergy Asthma, Immunology Associates, PC



Dr. Benham is a National Allergy Bureau certified pollen counter for the American Academy of Allergy, Asthma & Immunology

Friday, March 28, 2008

count reflects pollen and spore collection over the previous 24 hours

Pollen (grains/cubic meter)

Trees	10	low
Weeds	<1	low
Grass	0	absent

Mold Spore (spores/cubic meter)-weekly count ()

Molds

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The daily pollen counts for Lincoln, NE (as well as from other locations across the United States) are posted on the [American Academy of Allergy, Asthma & Immunology pollen count site.](#)

Today's details (numbers are grains per cubic meter):

Trees		Weeds		Mold Spores	
Ash	0	Chenopods/pigweed	<1	Alternaria	

Birch	0	Cocklebur	0	Ascospores
Elm	7	Hemp	0	Basidospores
Hackberry	0	Marsh-elder (burweed)	0	Cladosporium
Hickory/Pecan	0	Plantain	0	Curvularia
Juniper	2	Prairie Sage (Artemisia)	0	Drehslera/Helminthosporium
Linden	0	Ragweed (Ambrosia)	0	Epicoccum
Maple	1	Nettle	0	Fusarium-type
Mulberry	0	Sedge	0	Ganoderma
Oak	0	Cat-tail	0	Leptosphaeria-type
Pine	0	Dock	0	Nigrospora
Poplar/Cottonwood	0	Daisy Group	0	Penicillium/Aspergillus
Walnut	0	Dill	0	Pithomyces
Willow	0	Dandelion	0	Pleospora
Sycamore	0	Other herbs	0	Rusts
Locust	0			Smuts/Myxomycetes
Alder	0	Grass		Stemphylium
Osage Orange	0	Total grass (Poaceae)	0	Torula
Buckeye	0	Unknown	<1	Unidentified fungi

TREE POLLEN	WEED POLLEN	GRASS POLLEN	MOLD SPORES
0 Absent	0 Absent	0 Absent	0 Absent
1-14 Low	1-9 Low	1-4 Low	1-6499 Low
15-89 Moderate	10-49 Moderate	5-19 Moderate	6500-12,999 Moderate
90-1499 High	50-499 High	20-199 High	13,000-49,999 High
>1500 Very High	>500 Very High	>200 Very High	>50,000 Very High

If the count falls within this category Allergy sufferers who are allergic to these pollens or molds may experience symptoms of hay fever or asthma.

- Absent No symptoms.
- Low Only individuals extremely sensitive to these pollens and molds will experience symptoms.
- Moderate Many individuals sensitive to these pollens and molds will experience symptoms.
- High Most individuals with any sensitivity to these pollens and molds will experience symptoms.
- Very High Almost all individuals with any sensitivity at all to these pollens and molds will experience symptoms. Extremely sensitive people could have

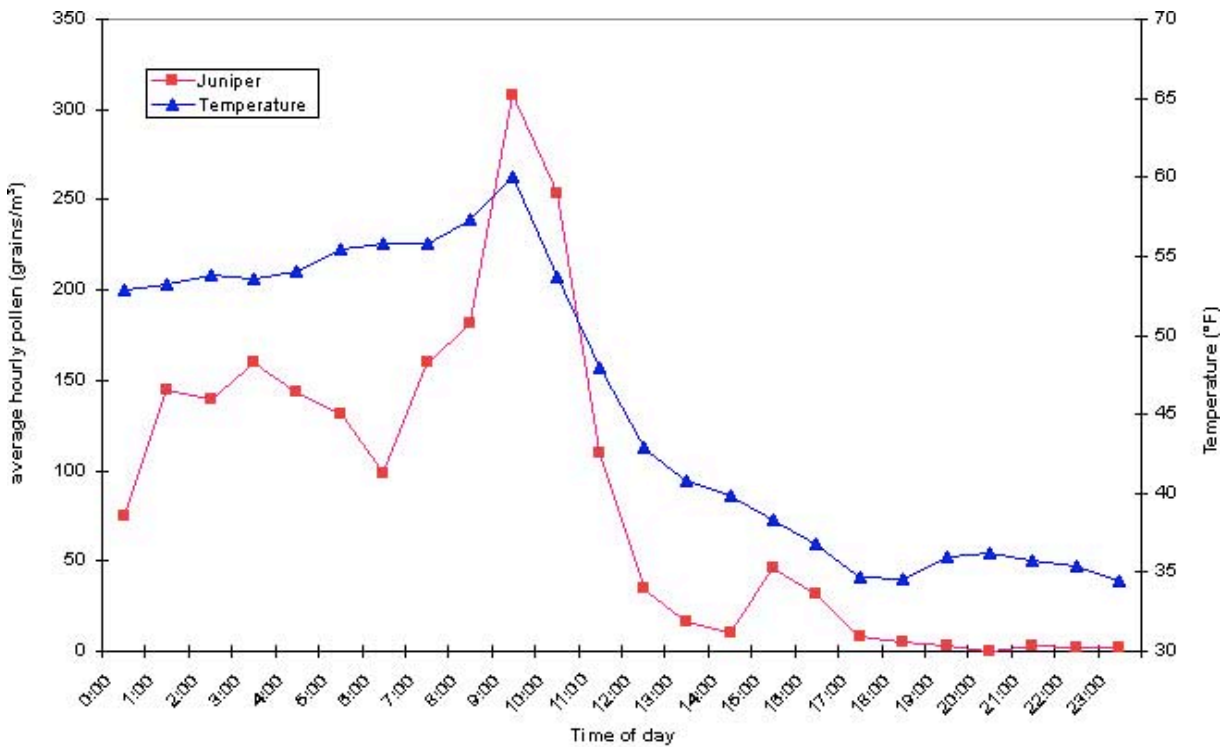
severe symptoms.

Provided as a public service by [Nebraska Wesleyan University, Allergy, Asthma & Immunology Associates](http://biology.nebrwesleyan.edu/pollen/march_weather.html)

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The weather conditions changed dramatically on Sunday March 2, 2008, following a warm Saturday. The change in temperature and wind direction were striking around noon with strong, warm, southerly winds until late morning which shifted to the northwest with the advance of a cold front.

In the spring, *Juniper* trees release copious amounts of pollen in Texas and with strong south winds, the *Juniper* pollen can be transported to our area. The graph below depicts the change in weather conditions and the resulting change in the *Juniper* pollen in our area.



Juniper pollen counted from Burkard Volumetric Spore Trap, Lincoln, NE March 2, 2008

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