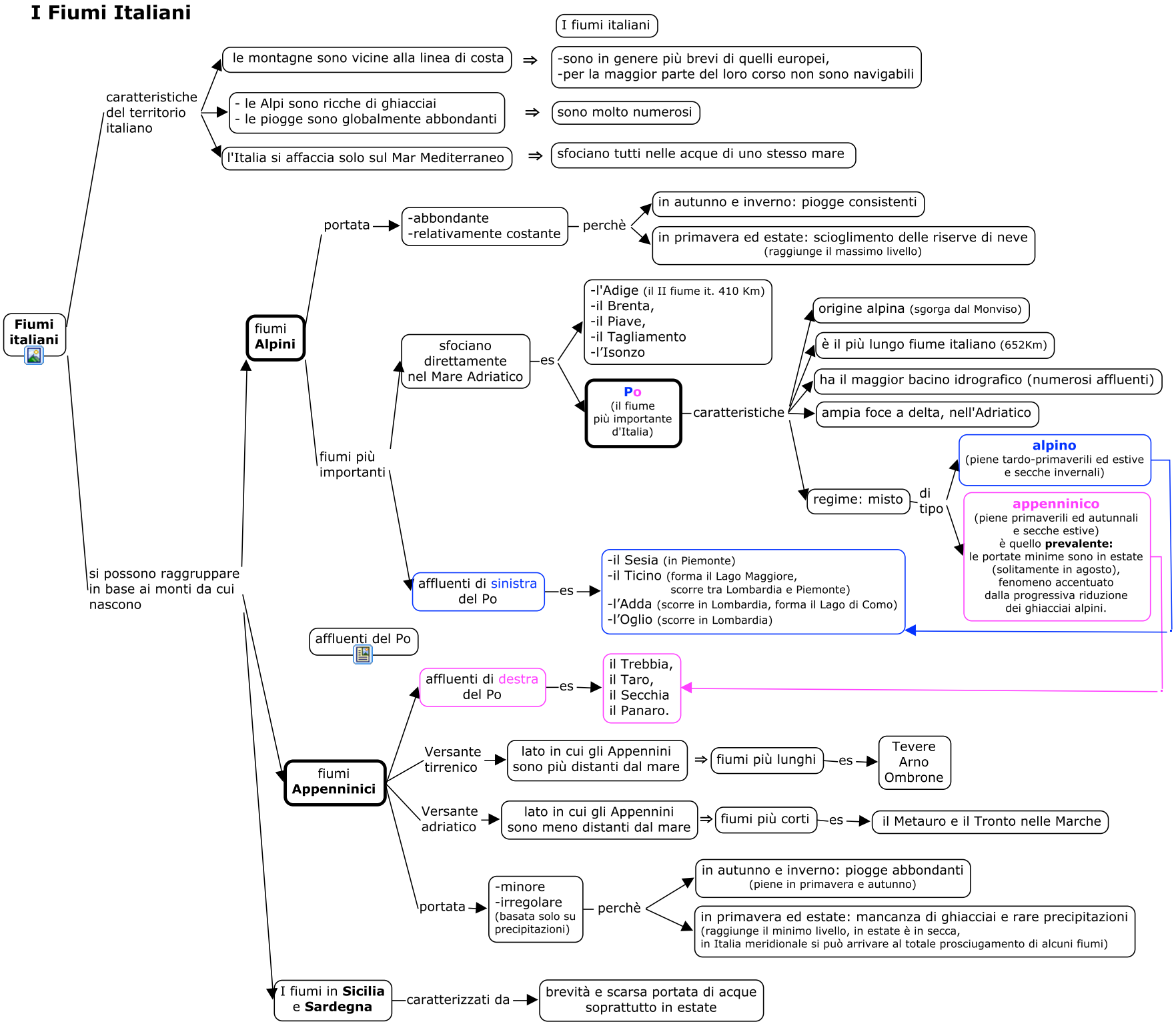I Fiumi Italiani